

# IMPORTANCE OF THE LINGUAL REEDUCATION BY THE TONGUE RIGHT POSITIONER ON THE UPPER AIRWAYS PERMEABILITY IN YOUNG ORTHODONTIC PATIENTS

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## Introduction:

SBD are characterized by the tongue and pharyngeal tissues collapsing on the pharynx when inhalation during sleep. This phenomenon is due dysfunctional tongue inducing low oropharyngeal muscles tone and narrowed upper airways. Tongue re-education treatment aiming with exercises aim at increasing upper airways patency by increasing muscle tone. This approach is an efficient treatment of SBD although compliance is patients and practitioners dependent. It could be interesting to assess efficiency of a Tongue Right Positioner (TRP) based re-education approach on upper airways patency

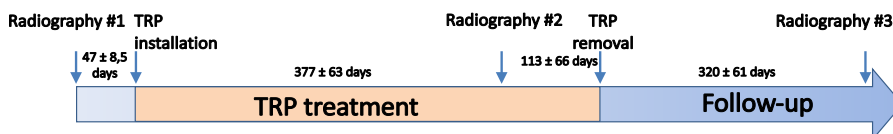
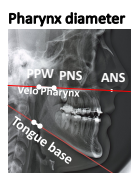
## The TRP (Tongue Right Positioner)



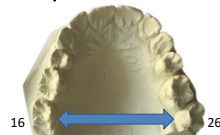
- Fixed TRP for young patients for permanent action on the tongue
- Establishes physiological lingual functions and posture
- comfortable, tolerance and adherence > 98%

## Materials and Methods

- 49 Orthodontic patients aged  $11.3 \pm 2.4$  y
- 32 ♀ and 17 ♂
- 75% with mouth or mixed breathing
- All patients have tongue dysfunctions
- TRP is removed when tongue functions correction is confirmed



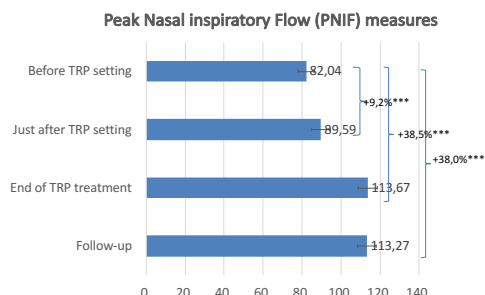
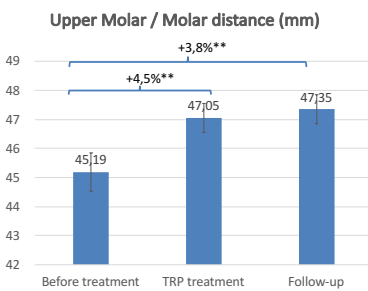
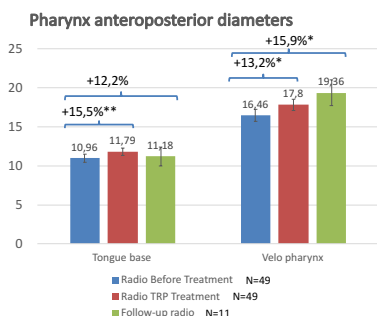
### Maxillary transversal dimension



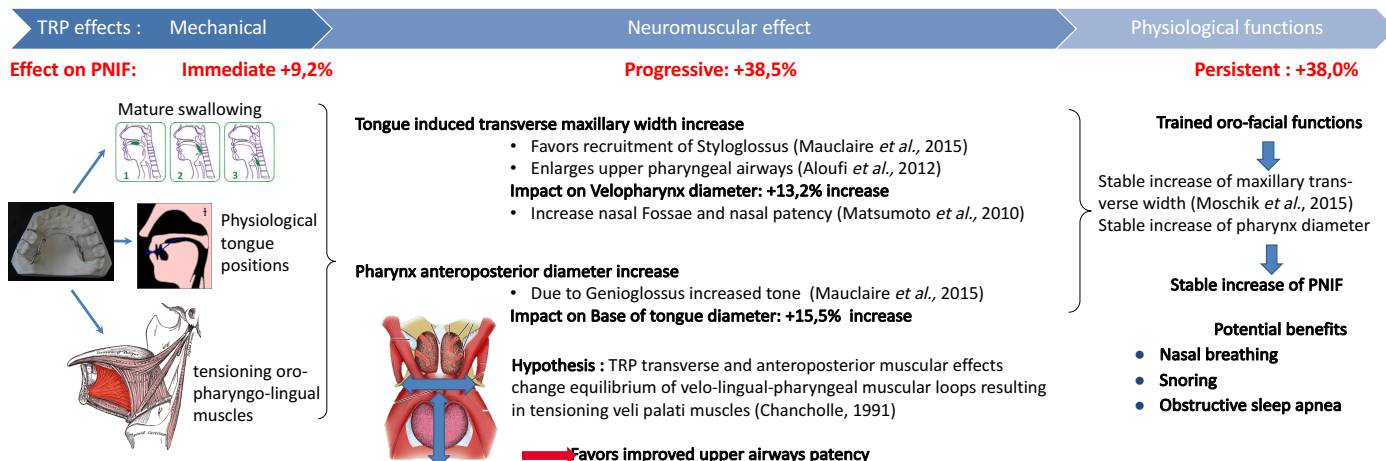
### Nasal Patency



## Results



## Discussion



## Conclusions

TRP based re-education of lingual functions increases and maintains pharynx sagittal diameter from velopharynx to tongue base levels as well as maxillary transversal dimension inducing pharynx transverse enlargement. These results are probably enabling lasting improvements of nasal breathing and upper airways patency. TRP, acting on tongue muscles' tone and position, could be a well tolerated, potentially curative alternative for the treatment of Sleep Breathing Disorders.

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(+) The TRP is a custom-made medical device invented by Dr. Mauclair and patented by Tongue Laboratory

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**TONGUE**  
Lab

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